



Centre of Unity Schweibenalp

Vision paper

GUIDING IDEA – VISION

The Centre of Unity Schweibenalp is a universal place of power for consciousness development and transformation.

The core values of our vision are:

Truth, Simplicity and Love

in

Freedom, Gratitude, and Peace.

MISSION – TASK

The Centre of Unity Schweibenalp (CoUS) serves the central mission:

To promote universal humanity and spirituality, to promote the core values and to expand consciousness.

In the five areas **Spirituality, Culture, Social matters, Ecology and Economy**, positive fields of learning are created which support the transformation process of humanity.

The CoUS works locally for residents and visitors, globally in networks, and energetically in the universal field, and thus contributes to the recovery of a spiritual and ecological balance on Earth.

COMMON GROUND

1. Active Participation

I am a part of the whole project and its essential aspects, and I contribute in this spirit. I value this task and find personal enrichment in contributing to the fulfilment of the mission of the Schweibenalp Unity Centre.

2. Devotion to the place

I connect with the place where I live or work, tend to it and care for its people, animals, nature, and all visible and invisible beings.

3. Consciousness

Regular consciousness work and spiritual practice are part of my life, and I implement them in my daily life.

4. Integrity

I strive for personal integrity and authenticity, by taking responsibility for my thoughts, my feelings, my words, and my actions and bringing them into harmony.

5. Respect and Empathy

I respect my boundaries and those of the other people. I try to help others in their otherness with empathy, respect, acceptance, care, interest, and patience.

6. Resources

I raise my ecological awareness and strive for sustainability in all areas of my life. It is important to me to be aware of my consumption behaviour regarding energy, water, food, consumer goods and transport.

7. Community

The basis of any community is the goodwill of all towards all. To achieve deep, authentic communication there needs to be space for trust-building, for personal and mutual clarification and for positive communal exchange, which we create and hold.

I see it as an important aspect of community life, to experiment with spontaneity, courage, and humour, to learn from each other, to trust each other and to grow together.

For the sake of the whole, I participate in community-building activities, in continuing education, and in the

welcoming culture for guests, volunteers and new community members.

8. Communication and conflict resolution

I represent my personal truth, ideas, views, and desires, but do not impose them on others. I communicate directly, clearly, and honestly through open listening, sincere response, loving acceptance, and truthfulness.

When conflicts arise, I talk to people directly. I am ready to accept constructive criticism from others and also to give constructive feedback. I talk about other people only in the same way as I speak to them directly.

I make every effort to resolve conflicts in which I am involved. If I do not succeed in doing so, I am prepared to ask others for support and clarification (mediation). I am also prepared to facilitate the resolution of other conflicts within the community.

9. Inner Reflection

I am conscious that what I perceive in my environment (criticism, anger, or recognition, etc.) may reflect what lives within me. I strive to look inside myself first.

10. Commitment

I commit myself to carry out the tasks I take on to the best of my knowledge and ability. It is my responsibility to give timely notice if I am unable to do so and to help to find solutions.

I internalize these principles and strive to implement them.

(Agreed by the OSR on 14.01.2022)